

HAPPY, HEALTHY HOGS



UNIVERSITY OF
ARKANSAS

PAT WALKER HEALTH CENTER

COMPASSIONATE CARE CONVENIENTLY
LOCATED 'ON THE HILL'



PAT WALKER HEALTH CENTER



U of A's exclusive **medical, mental health** and **substance use and support facility**

- PWHC is open **Mondays-Thursdays 8 a.m.-5 p.m.** and **Fridays 9 a.m.-5 p.m.** **In-person and virtual visits allowed**, with the visit-type matched to the service being provided.
- Appointments may be made with any of the **Medical Clinics** online (**Patient Portal**), **by phone, or in person.**
- Students interested in getting started with **Counseling & Psychological Services (CAPS)** may walk in **during business hours** or call **479-575-5276** to discuss options.
- Appointments may be made with **Substance Education, Assessment & Recovery (SEAR)** online (**Patient Portal**) or by emailing **sear@uark.edu**.



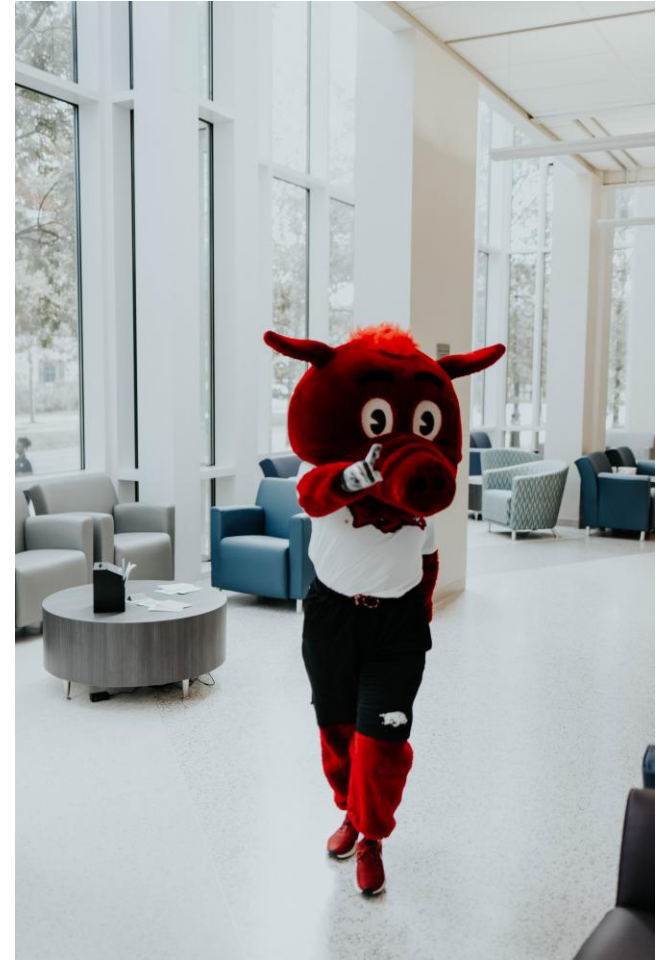
PRIORITIZE YOUR WELL-BEING

MEDICAL SERVICES

- **Board-certified and licensed** physicians, nurse practitioners, physician assistants, psychiatrists, and specialists.
- **Services include** general and preventive medical care, psychiatry services, diagnostic services (with on-site lab and X-ray), immunizations, treatment for minor injuries and common illnesses, gynecological health, STI testing, allergy shots, vaccines, nutrition/dietitian consultations, orthopedic services, travel consultations, behavioral health counseling (BHC), and more.

SUBSTANCE USE and SUPPORT SERVICES

- **Substance Education, Assessment & Recovery (SEAR)** provides substance education and prevention, direct individual and group interventions, access to the Razorback[®] Recovery Community (peer support group), and more.
- **Alcohol/drug assessments** are conducted by an Arkansas-licensed mental health practitioner.



MENTAL HEALTH - CAPS

- CAPS is **located on the second floor** of the Pat Walker Health Center.
- **Mental health services** provided by **Counseling & Psychological Services (CAPS)** include initial consultations, short-term counseling and psychotherapy, group therapy and workshops, community referrals, and more. Most of CAPS services are **covered by the Student Health & Wellness Fee**.
- CAPS offers **24-hour emergency mental health services** for students by calling **479-575-5276**. Same-day crisis appointments also are available during business hours.
- **The Lane Marris Relaxation Room** offers a safe and relaxing space for students to reduce stress and reconnect with quiet and tranquility. The room is open during normal business hours and **students do not have to be clients at CAPS to use the room**.



BILLING & INSURANCE

Charges vary based on services provided.



MEDICAL SERVICES

- **Medical/psychiatry charges not covered by insurance are billed to the student account (Workday).** Reference lab charges are billed separately by the performing lab. A **self-pay service discount (10%) is available** for those uninsured. Contact our billing team at **479-575-4452, option 6, with questions.**

COUNSELING & PSYCHOLOGICAL SERVICES (CAPS)

- **Most mental health services are free** (included in the Student Health & Wellness Fee).

SUBSTANCE EDUCATION, ASSESSMENT & RECOVERY (SEAR)

- **Substance use and support services** include individual and group interventions to university students with alcohol, cannabis, and other substance-related concerns. Please contact SEAR for cost of services. **All charges for SEAR services are billed to the student account (Workday).**

BILLING WITH INSURANCE

- Check with your **insurance provider to see if a medical provider at PWHC is in-network.** A **student health insurance plan** also is available for purchase.



CONNECT WITH US!

CONTACT INFORMATION



health.uark.edu



pwhc@uark.edu



479-575-4451 (PWHC main)
479-575-5276 (CAPS)
479-575-4478 (GYN)
479-575-2500 (SEAR)



525 N. Garland Ave.



Pat Walker Health Center



@uarkhealth @uarkcaps
@uarksear

DEPARTMENTS and TEAMS

- Medical Services
 - Primary Care Clinic
 - GYN (Women's) Clinic
 - Allergy, Immunization & Travel (AIT) Clinic
- Substance Education, Assessment & Recovery (SEAR)
- Counseling & Psychological Services (CAPS)



UA POLICE DEPARTMENT





The University of Arkansas Police Department, in partnership with the community we serve, is committed to **protecting** and **serving** the future of Arkansas and beyond by embracing the philosophy of community policing and promoting a safe and secure environment through **excellence**, **initiative**, and **integrity**.



UNIVERSITY OF ARKANSAS POLICE DEPARTMENT

WHO ARE WE?

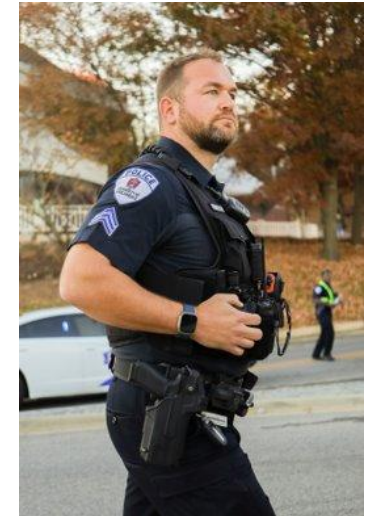
INTEGRITY

TRANSPARENCY

ACCOUNTABILITY

TRUSTWORTHY

LOYALTY



HELPFUL INFORMATION

- Please be aware of your surroundings.
- Crosswalks and streets should have all of your attention.
- Bikes, scooters, and cars don't always see you.



UAPD IS HERE FOR YOU, ALWAYS



- 24/7, Always Open
- Vehicle Unlocks
- Vehicle Battery Jumps
- Security and Safety Concerns
- Crime Prevention Tips
- Two Campus Sub-Stations
- K9 Community Outreach
- Crime Reporting



TRANSIT & PARKING

TRANSIT AND PARKING

CONTACT INFORMATION



parking.uark.edu



479-575-PARK



479-575-RIDE

View the Transit & Parking slides in the Next Steps orientation modules for more information.



UNIVERSITY RECREATION



DID YOU KNOW...



A UREC MEMBERSHIP IS INCLUDED IN YOUR TUITION

FACILITIES INCLUDE

- HPER Building (located off Stadium Dr.)
- UREC Fitness Center (Arkansas Union, 2nd floor)
- UREC Sports Complex (Fields at Mitchell St.)
- UREC Tennis Center (located at 1357 W. Indian Trail)
- Tsa La Gi Bike Park (located behind the UREC Tennis Center)
- UARK Wellness (located on the 2nd floor of Pat Walker Health Center)



NEW KEY FEATURES: HPER BUILDING

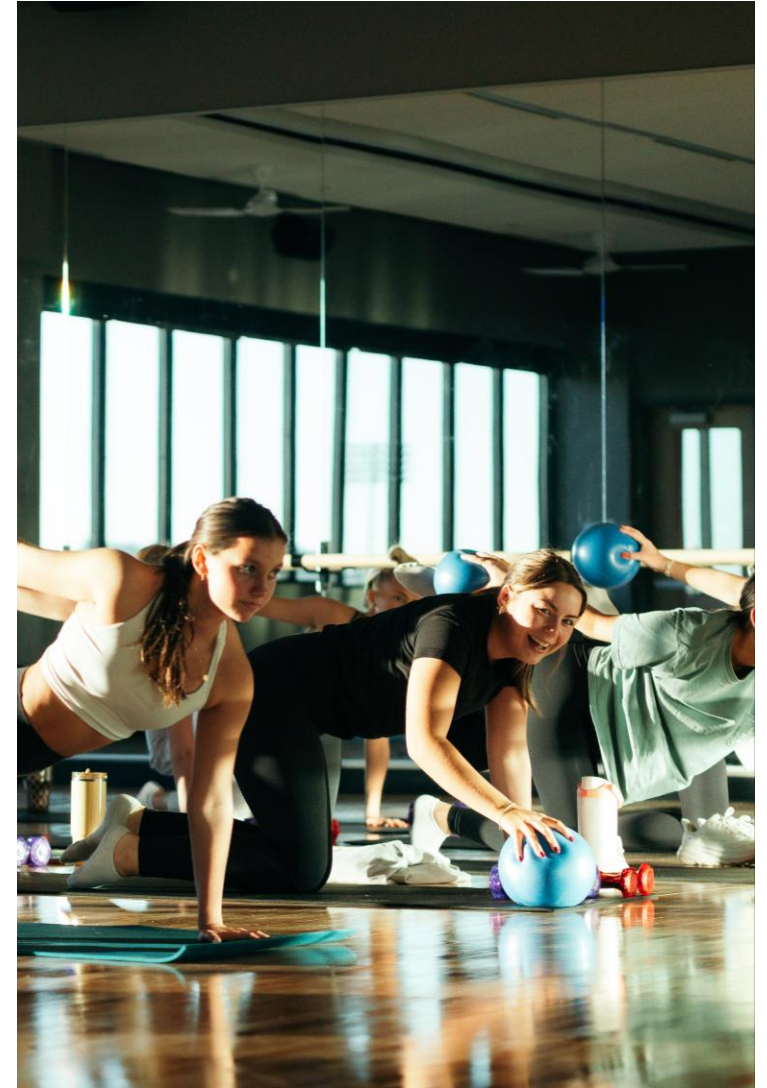
KEY FEATURES OF THE OVERALL RENOVATION PROJECTS:

- 13,000 sq. ft. increase of the fitness center space
- Two new turf functional training areas
- Additional, updated fitness equipment
- New and improved multi-purpose spaces
- Functional and modern locker rooms





- Equipment rentals
 - Group Fitness classes
 - Outdoor adventure trips
 - Olympic sized swimming pool
 - Indoor climbing
 - Intramural sports
 - Bike park
 - Personal training
- Club sports
 - Open recreation
 - Tennis courts
 - Multiple state-of-the-art fitness centers
 - Inclusive recreation
 - Indoor track



WHAT WE OFFER

Employment & Benefits



- Largest student employer on campus
- On campus employment
- Flexible scheduling
- Leadership Development





- Wellness certificate
- Wellness coaching
- Peer education
- Lunch & Learns
- Workshops
- Presentations



CONNECT WITH US!



CONTACT INFORMATION



urec.uark.edu



@urecarkansas + @uarkwellness



UREC App: Search "URECArkansas"
to download



U OF A CARES
DEAN OF STUDENTS





COLLEGE CAN BE STRESSFUL

We've got you covered.

U OF A CARES

A SERVICE OF THE DEAN OF STUDENTS OFFICE AT THE UNIVERSITY OF ARKANSAS

U OF A CARES SERVES ALL STUDENTS

WHAT WE DO

U OF A CARES STRIVES TO:

- Connect students to resources
- Help students navigate University processes
- Provide crisis intervention/resources
- Coach students in self-advocacy/accountability
- Collaborate with various campus offices to maximize student support opportunities

U OF A CARES DOES NOT:

- Provide class excuses
- Process conduct cases



CONNECT WITH US!

CONTACT INFORMATION



uofacares.uark.edu



uacares@uark.edu



479-575-5004



BUILDING SUPPORTIVE COMMUNITIES

EQUAL OPPORTUNITY, COMPLIANCE, & TITLE IX

OEOC helps to foster a safe and accessible working and learning environment where faculty, staff, students, and visitors can enjoy a positive campus experience.

EO/GRIEVANCE

Assists the campus community in upholding the principle of equal opportunity in education and employment by enforcing the University's Non-Discrimination policy.



oeoc.uark.edu



oeoc@uark.edu



479-575-7637

TITLE IX

Oversees University compliance with Title IX, which prohibits sex, gender identity, and/or sexual orientation-based discrimination.



titleix.uark.edu



titleix@uark.edu



479-575-7111



EQUAL OPPORTUNITY, COMPLIANCE, & TITLE IX

OEOC helps to foster a safe and accessible working and learning environment where faculty, staff, students, and visitors can enjoy a positive campus experience.

ACCOMODATIONS &

ACCESSIBILTY SERVICES

Assists the campus community in upholding the principle of equal opportunity in education and employment by enforcing the University's Non-Discrimination policy.



accessibility.uark.edu



access@uark.edu



479-575-6208

COMPLIANCE TRAINING & EO PROGRAMS

Works with the campus and community to proactively advance the university's initiatives to create a more inclusive educational and work environment.



oeoc.uark.edu



belongs@uark.edu



479-575-4019

